

## **Terms of Reference (ToR)**

### **Consulting Services for Developing the National Roadmap to Transition from Iron-Folic Acid (IFA) to Multiple Micronutrient Supplementation (MMS) in Nepal**

#### **1. Background**

The Family Welfare Division (MoHP/DoHS) is leading Nepal's transition from Iron-Folic Acid (IFA) to Multiple Micronutrient Supplementation (MMS), based on substantial evidence of improved maternal and newborn outcomes. A National MMS Roadmap (2025–2032) will be developed through a consultative process with stakeholders at all levels, with technical support from Helen Keller International.

#### **2. Objectives of the Consultancy**

To design and facilitate an inclusive consultative process for developing Nepal's National MMS Roadmap, a team of two consultants (Technical Lead and Health Planning and Financing Specialist) will collaborate to:

- Design and facilitate an inclusive consultative process for creating Nepal's National MMS Roadmap.
- Ensure the roadmap is evidence-based, costed, and operationally feasible.
- Develop a comprehensive, validated, and officially endorsed Roadmap that aligns with Nepal's national nutrition and health strategies and guides the effective transition from IFA to MMS to ensure the roadmap is evidence-based, costed, and operationally feasible.

#### **3. Scope of work for Technical Lead for MMS Costed Roadmap Development**

The Lead Consultant will provide overall coordination and technical leadership. The specific tasks are listed below:

1. Develop an inception report and a detailed work plan, coordinating with MoHP/FWD, NuTEC, and Helen Keller International.
2. Lead stakeholder engagement and consultations at the national and provincial levels to develop detailed strategies and scale-up approaches.
3. Synthesize evidence on MMS policy, program feasibility, and integration into ANC.
4. Draft the MMS Roadmap, including:
  - Theory of Change
  - Phased Implementation Plan (2025–2032)
  - Costing and financing
  - Monitoring, evaluation, and learning framework
5. Facilitate provincial and national consultation workshops.
6. Revise draft roadmap based on stakeholder feedback and NuTEC guidance.
7. Present the final roadmap during the coordination meeting with FWD.
8. Support the approval of the National MMS Roadmap (2025–2032).

**Deliverables**

- Inception report and detailed work plan.
- Stakeholder consultation reports (federal and provincial).
- Draft MMS Roadmap (Theory of Change, Detailed Strategy, Scale-up Modality, Costing and Financing, Implementation Plan).
- Revised draft after coordination meetings.
- Final MMS Roadmap (2025–2032).

**Duration & Days**

Approximately 30 working days (by December 2025).

**Reporting & Coordination**

- Reports to: Senior Research Manager, Helen Keller International.
- Technical oversight: MoHP/FWD and NuTEC.
- Coordinating with stakeholders, including provincial and local health authorities, professional societies, bilateral organizations, and/or NGOs.
- Both consultants are expected to work closely with Helen Keller and with each other to co-create outputs, ensuring full integration of technical, strategic, and costing aspects.

**Qualifications**

- Advanced degree in Public Health, Nutrition, or related field.
- 10+ years' experience in program planning, policy, or strategy development in maternal health/nutrition.
- Strong facilitation and stakeholder coordination experience in Nepal.
- Proven record of drafting national policy/strategic documents.

**4. Scope of work for Health Planning and Financing Specialist**

The Specialist will provide financial and economic analysis to support roadmap design. The specific tasks are as follows:

- Review current maternal nutrition and supplementation financing in Nepal and abroad.
- Using a predesigned costing tool, develop a costing framework for phased MMS rollout (national and provincial).
- Conduct costing and economic analysis for MMS transition, including comparison with IFA.
- Identify financing gaps and propose sustainable financing mechanisms.
- Provide technical inputs on cost-effectiveness and value-for-money evidence.
- Contribute to the financing and costing section of the roadmap.
- Present costing and financing analysis during stakeholder consultations and validation workshop.
- Finalize the cost plan as part of the MMS Roadmap package.

**Deliverables**

- Costing framework and methodology report.
- Draft costing and financing analysis.
- Inputs are needed to draft the roadmap (financing section, costed implementation plan).
- Final costed Roadmap financing plan (2025–2032).
- 

**Duration & Days**

Approx. 25 working days (within December 2025).

**Reporting & Coordination**

- Reports to: Helen Keller International (Helen Keller Intl) – Sr. Research Manager
- Technical oversight: MoHP/FWD & NuTEC.
- Close coordination with the Lead Consultant to ensure integration.

**Qualifications**

- Advanced degree in Health Economics, Public Health Economics, or related field.
- 7–10 years’ relevant experience in health financing, costing, and policy analysis in Nepal.
- Proven experience with costing of national health/nutrition strategies.
- Strong quantitative and policy advisory skills.

**5. Timeline**

The consultants will jointly deliver the roadmap following four phases (aligned with the project timeline):

- September 2025: Inception, evidence review, and work plan.
- October 2025: Provincial consultations, co-creation workshop, and draft Roadmap.
- November 2025: National co-creation workshop and costing finalization.
- December 2025: Finalization and endorsement of the MMS Roadmap.

**6. Final Deliverable**

A comprehensive, validated, and costed National MMS Roadmap (2025–2032), endorsed by the MoHP and provincial authorities, and accepted by key stakeholders.